Using a Tablet / Smartphone: (Preferred Method)
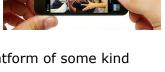→ Using Camera App Settings:
- ◆ Landscape Orientation (horizontal)
- ◆ Record Video: 1080p at 30fps
  - ● Resolution: 1080 HD
  - ● Frame Rate: 30fps

→ Keep Phone/Tablet secured
- ◆ Use a stand, or propped up on a table or platform of some kind
- ◆ No Zooming or Panning

→ Make sure the camera is at eye level or slightly higher

→ Background
- ◆ No obvious brand logos, artwork, or other media properties
- ◆ You want something interesting but not too busy
  - ● Bookshelf = good
  - ● Blank wall = bad

→ Lighting
- ◆ Make sure the primary light source (window, lamp, etc) is on your face, not behind you

→ *Ideally* use a supplementary microphone
- ◆ could be:
  - ● Headphones or earbuds (Apple or other)
  - ● Bluetooth headset

Using a Computer:
→ Using Photo Booth app settings
- ◆ Video mode
- ◆ Using FaceTime HD Camera

→ Keep camera stationary/locked off
- ◆ Keep computer in a secured position
  - ● Desk, table, or computer stand are good
- ◆ No Zooming or Panning

→ Make sure the camera is at eye level or slightly higher

→ Background
- ◆ No obvious brand logos, artwork, or other media properties
- ◆ You want something interesting but not too busy
  - ● Bookshelf = good
  - ● Blank wall = bad

→ Lighting
- ◆ Make sure the primary light source (window, lamp, etc) is on your face, not behind you

→ Audio
- ◆ *Ideally* use a supplementary microphone
  - ● could be:
    - ○ Headphones or earbuds (Apple or other)
    - ○ Bluetooth headset
  - ● USB microphone
  - ● USB audio interface with XLR microphone